

DO YOU HAVE A FIRST AID KIT?

ACCORDING TO HEALTH & SAFETY REGULATIONS, ANY WORKPLACE NEEDS A SUITABLY STOCKED FIRST AID KIT

HAVE YOU **CHECKED THE CONTENTS** OF YOUR FIRST AID KIT?

HAS IT **H.S.A. APPROVED** CONTENTS?

WHY NOT USE OUR **EASY CHECKLIST** AND RETURN TO US FOR A QUOTE

Contact:	Company:		Person:	
Contact Details:	Phone & Fax:		Email:	
CONTENTS	1 - 10	11 - 25	26 - 50	Your Requirements
Adhesive Plasters	20	20	40	
Sterile Eye Pads	2	2	4	
Triangular	2	6	6	
Pack of 6 Safety Pins	1	1	1	
Wound Dressings 12x10cm	2	2	4	
Wound Dressings 20x15cm	2	6	8	
Wound Dressings 28x20cm	2	3	4	
Disinfectant Wipes	10	20	40	
Tuff Cut Shears	1	1	1	
Examination Gloves	5	10	10	
Pocket Face Mask	1	1	1	
Crepe Bandage 7.5cmx4m	1	2	3	
*Eyewash 500ml	1	2	2	
*Burn Dressing 10x10cm	1	1	1	
*Burn Dressing 20x20cm	1	1	1	
*Only Required for Kits including Eyewash & Burns				

Automated External Defibrillators (AEDs)

The provision of automated external defibrillators (AEDs) in workplaces to prevent sudden cardiac death should be considered. As mentioned in the Guidance related to Regulation 163(a) above, early defibrillation using an AED is one of the vital links in the “chain of survival”. Ideally, wherever there is an occupational first-aider(s) in a workplace, provision of an AED should be considered. The training of other employees who are not occupational first-aiders in the use of AEDs is also encouraged.

Whereas it may be practicable and desirable to have an AED in every workplace, due to cost considerations it would be unreasonable to expect all employers (especially small and medium-sized Guide to the Safety, Health and Welfare at Work (General Application) enterprises (SMEs)) to have one on their premises, even if there is an occupational first-aider present. These costs not only include the purchase price but also the cost of maintenance of the equipment and refresher training for those trained in how to use AEDs.

However, different employers at the same location, such as in shopping centres and small business enterprise centres, where relatively large numbers of employees or other persons are likely to be habitually present, might find it feasible to co-operate in the provision of shared AED equipment, training and assistance.